NOTIFICATION PURSUANT TO SECTION 6 OF DSHEA AND 21 C.F.R. § 101.93

This notification is being filed on behalf of Neways, Inc., 2089 Neways Drive, Springville, UT 84663, which is the manufacturer of the product, which bears the statements identified in the Notification. This Notification is being made pursuant to Section 6 of DSHEA and Rule 21 C.F.R. § 101.93. The dietary supplement product on whose label or labeling statements appears is Forceful®.

The text of each structure-function statement for which notification is now being given is:

Statement 1: Maintains cholesterol levels that are already within the normal range.

Statement 2: Supports against muscle cramping and liver toxicity.

Statement 3: Supports the cardiovascular system.

Statement 4: Maintains healthy arteries.

Statement 5: Supports circulatory system health.

The following summary identifies the dietary ingredient(s) for which a statement has been made:

Statement Number	Identity of Dietary Ingredient(s) or Supplement that is the Subject of the Statement
1.	Policosanol
2.	Policosanol
3.	Oleuropein
4.	Folic Acid Cyanocobalamin
5.	Folic Acid

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Forceful®

The following identifies the brand name of each supplement for which a statement is made:

Statement Number 1.	Brand Name Forceful®	<u>Label or Labeling</u> 506 Mg Each 30 Capsules
2.	Forceful®	506 Mg Each 30 Capsules
3.	$Forceful extbf{@}$	506 Mg Each 30 Capsules
4.	Forceful®	506 Mg Each 30 Capsules
5.	Forceful®	506 Mg Each 30 Capsules

I, Michael Cunningham, am authorized to certify this Notification on behalf of Neways, Inc. I certify that the information presented and contained in this Notification is complete and accurate, and that Neways, Inc. has substantiation that each structure-function statement is truthful and not misleading.

Date Signed: 12/12/03

Title: